

# What should I ask my care team?



Deciding on a treatment or therapy option can be daunting. Start a conversation with your care team by asking questions that you may have about CAR-T cell therapy. By doing so, you can learn more about the options available and make a more informed decision when considering the next steps.

Begin by describing your treatment history so that they can discuss or refer you to find the best treatment option for you or your loved one.

## TREATMENT JOURNEY

- Diagnosis history:

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- My previous cancer treatments (if any) include:

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- The length of my cancer treatment journey:

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- The impact of cancer on my life and family:

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- Other health conditions I have (if any):

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Next, you may consider asking the following questions across different treatment stages to help you decide if CAR-T cell therapy is right for you.

## DIAGNOSIS AND TREATMENT OPTIONS

- Given my treatment history, is CAR-T cell therapy an option?
- What factors need to be considered if I am a right candidate for CAR-T?
- If CAR-T is not an option for me now, what other treatments can I look into? Can I still consider CAR-T in the future?
- What are the options for preserving healthy T-cells early, in case they are needed at a later time?

Discussion notes

## PREPARATION

- How do I prepare for CAR-T cell therapy and what considerations do I need to keep in mind?
- Will I need to receive a form of chemotherapy or other treatments (i.e., bridging therapy) before CAR-T can be administered?
- Do I have to stay in the hospital post-treatment? How much time should I plan to take off from work before and after treatment?
- What support is available to me throughout the treatment?

Discussion notes

## POST-TREATMENT

- What are the side effects I should take into account, and how will those be managed?
- How will I know if my treatment is working?
- After returning home, how quickly can I get back to my daily routines?
- What support is available to me after the treatment?

Discussion notes